

THE DIMOCK *difference*

THANK YOU FOR STEPPIN' OUT FOR DIMOCK!
The 35th Annual Steppin' Out gala returned as a live event



Pictured L to R: Dimock's Dr. Charles Anderson and TJX's Beverly Edgehill, George MacNaught, and Helene Winn

After two years of virtual events, the **35th Annual Steppin' Out** gala returned as an in-person event at the Boston Convention and Exhibition Center on Saturday, October 22. Presented by **The TJX Companies**, over 500 guests came together to “*Mix, Mingle, and Dance*” while raising

nearly \$1.2 million in critical funds for patient care and education programs.

Other leadership sponsors included **Beth Israel Lahey Health; Stage Sponsor, Liberty Mutual; WCVB CH5; Sanofi; The Red Sox Foundation; Omar & Raynya Simmons; Mass General Brigham; The Stop & Shop Supermarket Company; CareQuest Institute for Oral Health, DentaQuest and Delta Dental.** The music was provided by Entertainment Sponsor **Berklee College of Music** in celebration of a new exciting partnership between Berklee and Dimock that will provide music therapy to our patients.

We are so grateful for all the sponsors, donors, guests and volunteers for making the evening so special. Thank you, one and all! To view the event photos, visit [Facebook.com/TheDimockCenter](https://www.facebook.com/TheDimockCenter).



HEALING THROUGH MUSIC
*New Berklee partnership fortifies
Dimock addiction recovery care*

THE
**DIMOCK
CENTER**

Music Therapy



At Dimock, we look beyond traditional forms of treatment and recovery to help heal individuals struggling with substance use, especially at a time when we are seeing an unprecedented increase in addiction and mental health challenges in our community.

That is why we are excited to announce an exciting new partnership with the Center for Music Therapy at Berklee College of Music that will allow us to better meet the complex needs of individuals in recovery. Beginning next spring, Dimock will proudly offer music therapy-informed programming in its comprehensive addiction service programs.



Dimock has provided our most vulnerable community members with care for the whole person throughout our 160-year history. This new collaboration allows us to leverage a transformative and evidence-based model to promote the well-being of our neighbors fighting this difficult disease.

As Berklee's Music Therapy Department Chair Dr. Joy Allen shares, **“music resonates with our collective sense of identity through its ties to our culture, our history, and our community.”**

Dimock is proud to leverage the healing power of music and the arts to promote the health, well-being, and empowerment of our community members as they make strides in their road to recovery.

WHY WE SUPPORT DIMOCK

New Dimock friends support lifesaving care

We are so excited to welcome two new members to the Dimock Family! This year, Omar and Raynya Simmons have graciously supported Dimock's signature events, The Road to Wellness 5K Run and 2-Mile Walk and Steppin' Out. Through their generous support, they are providing critical care to the many patients and families who rely on Dimock each year. **"We give to Dimock because we want to ensure that Dimock can sustain their lifesaving work for all in our community,"** shared Omar and Raynya Simmons. Thank you, Omar and Raynya, for your transformative support.



Pictured L to R: Raynya and Omar Simmons and Dr. Charles Anderson

THANK YOU, DIMOCK FAMILY



Dear Dimock Family,

As we approach the end of 2022, I'm so grateful for the opportunities we had this year to bring the Dimock Family together again—at our outdoor Annual Meeting in June, the 8th Annual Road to Wellness 5K Run and 2-Mile Walk in September, and the 35th Annual Steppin' Out gala in October. It was a gift to reconnect with you.

You are very important to Dimock. I want to express my sincere appreciation for your steadfast commitment to supporting our patients and families throughout the COVID-19 pandemic. Your kind and generous support made it possible to meet the unprecedented challenges facing our community. Thank you for your tremendous commitment to creating a healthier and more equitable Boston.

Our work to care for Boston's most vulnerable citizens just wouldn't be possible without you. Thank you so much for caring.

Have a happy, healthy New Year,

Raquel Rosenblatt
Chief Development Officer

Holiday Drive



You can make the holidays brighter for Dimock patients and families this winter.



Learn more and give at dimock.org/holidaydrive



"When I came here [Dimock], there were so many positive people. There was so much recovery. Not just recovery in the sense of AA meetings. But people recovering things in their life—family, employment, housing."

— DAVID, JOHN FLOWERS
RECOVERY HOME RESIDENT